

# Nutrition Facts

3 servings per container

**Serving size**

**3 oz (85g)**

**Amount Per Serving**

**Calories**

**258**

**% Daily Values\***

**Total Fat** 1g **2%**

Saturated Fat 0.5g **3%**

*Trans* Fat 0g

**Cholesterol** 25mg **8%**

**Sodium** 370mg **15%**

**Total Carbohydrate** 52g **17%**

Dietary Fiber 6g **24%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 9g **18%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.